

Equipping Minds Cognitive Development Curriculum

	1	2	3	4	5	6	7	8	9
Reflex Exercises Starfish & Finger									
Tic Tac Toe (37) MATH	1 board 1-9 <i>I see myself on 5</i>	1 board 1-9	1 board 1-9	2 boards 1-9	2 boards 1-9	2 boards 1-9	2 boards 1-9	2 boards 1-9	2 boards 1-9
Numbers 1-5 (64 & 66) MATH	Circle 1 green 1 <i>I see myself circle the 1</i>	Circle 1, X 2 Green 1 Blue 2	Circle 1, X 2 Green 1 Blue 2	Circle 1, X 2, box 3 Red 3	Circle 1, X 2, box 3 Red 3	Circle 1, X 2, box 3,Red 3	Circle 1, X 2, box 3, line under 4 Yellow 4	Circle 1, X 2, box 3, line under 4, line above 5, Black 5	Circle 1, X 2, box 3,line under 4 line Above 5 Black 5
Number 1-9 (71) MATH									
Deck of Cards MATH	Say numbers	Say colors, suits	Say numbers Color, suit	Say numbers Color, suit	Say numbers Color, suit	Say + 1 for numbers	Say +1 for numbers	Say = then +1	Say = then +1
Stroop Animal (43) SCIENCE	Read Set 1 Read Set 2 Pictures	Read Set 1 Read Set 2 Pictures	Circle bear, Box snake “ I see myself circle the bear box the snake”	Circle bear, Box snake, X fish Read Set 2 pictures	Circle bear, Box snake, X fish, triangle cat read set 2 pictures	Circle bear, Box snake, X fish, triangle cat	Circle bear, Box snake, X fish, triangle cat, line under elephant	Circle bear, Box snake, X fish, triangle cat, line under elephant read set 2	Circle bear, Box snake, X fish, triangle cat, line under elephant, line above turtle
SET SCIENCE	Sort by color Number <i>two on two</i>	Add sorting by shape	Solids show 2 cards find 3 rd	Solids show 2 cards find 3 rd	Solids show 2 cards find 3 rd	Solids show 2 cards find 3 rd	Put 9 solids down	Put 9 solids down	Put 9 solids down
Presidents (89) 3 rd -12 th HISTORY	<i>Yo Millard Filmore</i> 1 full name	Describe pictures 1-2 # full name	Add 3 what from previous picture	Describe pictures / recall 1-3 Add 4	Describe pictures and recall 1 -5	Describe pictures 1 -6	Describe pictures 1 -7	Describe pictures 1 -8	Describe pictures 1 -9
President Tic Tac Toe (37) HISTORY									
Vowels (68) READING	Circle a-short sound Green a	Add X e short Sound Blue e	Circle a, X e Green a blue e	Add box i short sound Red i	Circle a, x e, box 3 & colors	Circle a, x e, box 3 & colors	Add line under o short yellow	a-o and green-yellow	Add line above 5 black u short sound
ABC Tic Tac Toe (37) READING	1 board ABC	2 boards ABC	2 boards ABC	2 boards ABC	2 boards ABC	2 boards ABC	2 boards ABC	2 boards ABC	2 boards ABC
Let's Match/Memory READING	Match 2 items/ 3 grid	Match 3 items 3 grid	Match 3 items/4 grid	Match 4 items/4 grid	Match 3 items/6 grid	Match 4 items/6 grid	Match 5 items/ 6 grid	Match 6 items/ 6 grid	Match 6 items/ 9 grid
B,d,p,q,m,w (55) READING	Say right (b)Left (d) touch fingers	Say right (b)Left (d)	Say right (b)Left (d) touch fingers	Say letter sounds	Say letter sounds	Say direction, sound	Say direction, sound	Say, direction, sound, name	Say, direction, sound, name
Stare/ Picture Cards (89) ENGLISH	10 categories who/what, quantity,	Add qualities, and place	Add action	Add when	Add feeling	Add position, relation,	Add clothing/ accessories	Review all 10 categories from memory	Review all 10 categories from memory
Arrows (55) ENGLISH	Say colors	Say Up/down	Say color, direction	Say left, right touch fingers	Say left, right Touch fingers	Say left, right Turn cubes	Say color, direction (l/r)	Say color direction (l/r)	All directions U/D/ R/L
Blink ENGLISH	Sort number, color, shape	Sort number, color, shape	Sort number, color, shape	Say number, color, shape	Say number, color, shape	Say number, color, shape	Play Game	Play Game	Play Game
Spot IT /Make a List ENGLISH	Show constant Card “I see 2 green frogs”	Constant Card “I see 2 green frogs”	Recall items on cards or animals	Categorize items	Constant Card	Recall items List sports/games	Categorize	Constant Card	Recall/ Categorize List food groups

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	10	11	12	13	14	15	16	17	18
Reflex Exercises Starfish & Finger									
Tic Tac Toe (37) MATH	blank board write numbers	blank board write numbers	Cubes cover numbers	Cubes cover numbers	Cubes cover numbers	Cubes cover numbers	Cubes cover numbers	Cubes cover numbers	Cubes cover numbers
Numbers 1-5 (64 & 66) MATH	Read # color	Read # color	Read +1	Read #, color, +1	Read # color, animal	Read # color Animal	Read + 1, color, animal	Read + 1, color, animal	Read +1, color, animal
Number 1-9 (71) MATH	Read #'s Find same #	Read + 1	Read +1	Read -1	Read -1	Add / 6 orange Read +2	/ 6 orange Read -2	Add (7 brown Read +3	Review 1-, (7 brown Read -3
Deck of Cards MATH	Read = +color	Read = + color	Read = + color	Read -1	Read -1	Read =,+ , -	Read =,+ , -	Read =,+ , -	Read =,+ , -
Stroop Animal (43) SCIENCE	Review bear- turtle draw on grid	Say backwards Read Set 2 picture/ word	Review, Add penguin draw on grid	Say backwards	Review Add bird Read Set 2 picture/ word	Say backwards Classify animals	Review add horse Read Set 2 picture/ word	Say backwards Draw on grid	Review add tiger classify animals
SET SCIENCE	Stripe show 2 cards find 3 rd	Stripe show 2 cards find 3 rd	Stripe show 2 cards find 3 rd	Put 9 stripe down	Put 9 stripe down	Open show 2 cards find 3rd	Open show 2 cards find 3rd	Put 9 open down	Put 9 open down
Presidents (89) 3 rd -12 th HISTORY	Describe/ recall Add 10	Describe pictures Add 11	Describe pictures Add 12	Describe Pictures add 13	Describe pictures Add 14	Describe pictures Add 15	Describe pictures Add 16	Describe pictures Add 17	Describe pictures Add 18
President Tic Tac Toe (37) HISTORY	Presidents 1-9	Presidents 1-9	Presidents 1-9	Cubes cover picture	Cubes cover picture	Cubes cover picture	Blank board write # initials	Blank board write # initials	Both boards 1-18
Vowels (68) READING	Circle or cube short vowel	Circle vowel, cube color	Circle vowel, Cube color	vowel, color, name	Read vowel, color, name	Read vowel, color, name	Read vowel, color, name	Read vowel, color, name, #	Read vowel, color, name, #
ABC Tic Tac Toe (37) READING	Blank board write letters	Blank board write letters	Cubes cover letters	Cubes cover letters	Cubes cover letters	Cubes cover letters	Cubes cover letters	Cubes cover letters	Cubes cover letters
Let's Match/Memory READING	Cover 2 items/ 3 grid "take a picture in mind"	Cover 3 items 3 grid	Cover 3 items/4 grid	Cover 4 items/4 grid	Cover 3 items/6 grid	Cover 4 items/6 grid	Cover 5 items/ 6 grid	Cover 6 items/ 6 grid	Cover 6 items/ 9 grid
B,d,p,q,m,w (55) READING	Say right (p)Left (q)	Say letter sounds for p and q	Say letter name for p /q	Say direction b,d,p,q	Say sounds b,d,p,q	Say direction, sound b,d,p,q	Say direction, sound b,d,p,q	Say, direction, sound, name	Say, direction, sound, name
Stare/ Picture Cards (89) ENGLISH	10 categories who/what, quantity,	Add qualities, and place	Add action	Add when	Add feeling	Add position, relation,	Add clothing/ accessories	Review all 10 categories from memory	Review all 10 categories from memory
Arrows (55) ENGLISH	All directions	Say color, direction	Say number, color, direction	Say number, color, direction	Say number, color, direction	Say number, color, direction, animal	Say number, color direction, animal	Say number, color direction, animal	Say number, color, direction, animal
Blink ENGLISH	Sort Memorize 1 card	Say number, color, shape Memorize 1,2cards	Game Recall 1,2	Sort Recall 1,2 add 3	Say number, color, shape Recall 1,2,3	Say one, green, star Recall 1-3 Add 4	Game Recall 1-4 add 5	Say #, # color, # color shape Recall 1-5	Say #, # color, # color shape recall 1-5
Spot IT / Make a List ENGLISH	Show card turn over	Show card turn over, recall	Show card turn over, recall	Show card turn cover	Show card turn cover, recall	Show card turn cover, recall	Show card turn cover	Show card turn cover,categorize	Show card turn cover

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	19	20	21	22	23	24	25	26	27
Reflex Exercises Starfish & Finger									
Tic Tac Toe (37) MATH	Any version	Any version	Say colors for 1-9	Say colors for 1-9	Say colors for 1-9	Say colors for 1-9	Say colors for 1-9	No board if ready	No board if ready
Numbers 1-5 (64 & 66) MATH	Read # color , animal ,letter	Read # color ,animal Letter,	Read # color animal letter	# color animal letter ,president	# color animal letter,president	# color animal letter,president	# color animal letter,president	# color animal letter,president	# color animal letter,president
Number 1-9 (71) MATH	add (8)white read +4	Add (9) purple Read -4	read # color Read + 5	read #, color Read -5	Read #, color, president Read +6	Read #, color, president Read -6	Read #, color, president Read +7	Read #, animal Read -7	Read #, animal Read +8
Deck of Cards MATH	Read +4	Read +4, color, suit	Read = +5	Read = +1,+2 +3	Read +6 Then +6 color, suit	Read = + 1, -1, +2, -2	Read + 7	+7, color, suit	Read + 8
Stroop Animal (43) SCIENCE	review forward/back-wards	Review add spider Draw on grid Classify animals	Review add chicken, pig	Review add chicken, pig draw on grid	Review add giraffe, cow	Review add giraffe, cow draw on grid	Add camel, frog Classify animals	Add bee, zebra	Add crab and grid
SET SCIENCE	Full deck	Show 2 cards find 3 rd	Full deck	Show 2 cards find 3 rd	Full deck	Show 2 cards find 3 rd	Show card/hide, Show card/hide find 3 rd	Show card/hide, Show card/hide find 3 rd	Show card/hide, Show card/hide find 3 rd
Presidents (89) 3 rd -12 th HISTORY	Recall 1-18 Add 19	Add 20	Add 21, 22	Add 23,24	Add 25,26	Add 27,28	Add 29,30	Add 30,31	Add 32,33
President Tic Tac Toe (37) HISTORY	Both boards 1-18	Both boards 1-18	Both boards 1-18	Cubes cover	Cubes cover	Cubes cover	Cubes cover	Cubes cover	Cubes cover
Vowels (68) READING	Read vowel, color, name, #	vowel, color, name, #	vowel, color, name, #,	Vowel, animal	Vowel, animal	Vowel, color, animal	Vowel, color, animal	Vowel ,color, name, #, animal	Vowel ,color, name, #, animal
ABC Tic Tac Toe (37) READING	Blank board write letters	Blank board write letters	Cubes cover letters	Cubes cover letters	Cubes cover letters	Cubes cover letters	Cubes cover letters	Cubes cover letters	Cubes cover letters
Let's Match/Memory READING	Turn 2 items/ 3 grid "take a picture in mind"	Turn & Cover 3 items 3 grid	Turn & Cover 3 items/4 grid	Turn/ Cover 4 items/4 grid	Turn/Cover 3 items/6 grid	Turn Cover 4 items/6 grid	Turn Cover 5 items/ 6 grid	Turn Cover 6 items/ 6 grid	Turn Cover 6 items/ 9 grid
B,d,p,q,m,w (55) READING	Say m down W up	Sound for m/ w	direction sound m/w	Direction/sound Name m/w	all directions M,w,b,d,p, q	All sounds m,w,b,d,p,q	Direction, sound m,w,b,d,p,q	Direction,sound, name M,w,b,d,p, q	Direction,sound, name M,w,b,d,p, q
Stare/ Picture Cards (89) ENGLISH	10 categories who/what, quantity,	Add qualities, and place	Add action	Add when	Add feeling	Add position, relation,	Add clothing/ accessories	Review all 10 categories from memory	Review all 10 categories from memory
Arrows (55) ENGLISH	Say color, president	Say color, president	Say number, color, president	Say number, color, president	Say number, color, president	Say number, color, animal, direction, president	Say number, color, animal, direction, president	Say number, color, animal, direction, president	Say number, color, animal, direction, president
Blink ENGLISH	Say #, # color, # color shape	Game Recall 1-5 add 6	Recall 1-6	Recall 1-6 add 7	Recall 1-7 #, # color, #,C, Shape	Recall 1-7	Recall 1-7 add 8 Game	Recall 1-8 Game	Recall 1-8
Spot IT /Make a List ENGLISH	Say items on card	Say items on card recall	Say items on card	Say items on card recall	Say items on card	9 cards- 3 matches	9 cards- 3 matches	9 cards- 3 matches	9 cards- 3 matches

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	28	29	30	31	32	33	34	35	36
Reflex Exercises Starfish & Finger									
Tic Tac Toe (37) MATH	No board if ready	No board if ready	No board if ready	No board if ready	No board if ready	No board if ready	No board if ready	No board if ready	No board if ready
Numbers 1-5 (64 & 66) MATH		#,color, animal, letter president			#,color, animal, letter, president,		#,color, animal, letter, president		
Number 1-9 (71) MATH	Read #, color,animal, Read -8	Read # color, animal Read + 9	Read # color animal president Read – 9	#,color,animal, president, letter Read +10	#,color, animal, president, letter Read -10	#,color, animal, president, letter Read x 2	#,color, animal, president, letter Read x 3	#,color, animal, president, letter Read x 4	#,color, animal, president,letter Read x 5
Deck of Cards MATH	Read +8, color, suit	Read +9	Read +9, color, suit	Read +10	Read +10 color, suit				
Stroop Animal (43) SCIENCE	review forward/back-wards	SET 2 picture, word, symbol	SET 2 picture, word, symbol	SET 2 picture, word, symbol	SET 2 picture, word, symbol	SET 2, picture, word, symbol, classification	SET 2, picture, word, symbol, classification	SET 2, picture, word, symbol, classification	SET 2, picture, word, symbol, classification
SET SCIENCE	NY Times Basic 1	NY Times Basic 1	NY Times Basic 2	NY Times Basic 2	NY Times Advanced 1	NY Times Advanced 1	NY Times Advanced 2	NY Times Advanced 2	NY Times Advanced 2
Presidents (89) 3 rd -12 th HISTORY	Recall Add 34,35	Recall Add 36,37	Recall Add 38,39	Recall Add 40,41	Recall Add 42,43	Recall Add 44,45	Recall forward	Recall backwards	Recall forward/backwards
President Tic Tac Toe (37) HISTORY	No board if ready	No board if ready	No board if ready	No board if ready	No board if ready	No board if ready	No board if ready	No board if ready	No board if ready
Vowels (68) READING	Vowel ,color, name, #, animal	Vowel ,color, name, #, animal	Vowel ,color, name, #, animal	Vowel ,color, name, #, animal	Vowel ,color, name, #, animal president	Vowel ,color, name, #, animal, president	Vowel ,color, name, #, animal, president	Vowel ,color, name, #, animal, president	Vowel ,color, name, #, animal, president
ABC Tic Tac Toe (37) READING	No board if ready	No board if ready	No board if ready	No board if ready	No board if ready	No board if ready	No board if ready	No board if ready	No board if ready
Let's Match/Memory READING	Mix letters/cubes 2 items/ 3 grid	Letters/cubes Cover 3 items 3 grid	Letters/cubes Cover 3 items/4 grid	Letters/cubes Cover 4 items/4 grid	Letters/cubes Cover 3 items/6 grid	Letters/cubes Cover 4 items/6 grid	Letters/cubes Cover 5 items/ 6 grid	Letters/cubes Cover 6 items/ 6 grid	Letters/cubes Cover 6 items/ 9 grid
B,d,p,q,m,w (55) READING	Direction,sound, name with all	Direction, sound, name M,w,b,d,p, q	Direction, sound, name	Direction, sound, name	Direction, sound, name	Direction, sound, name	Direction, sound, name	Direction, sound, name	Direction, sound, name
Stare/ Picture Cards (89) ENGLISH	10 categories who/what, quantity,	Add qualities, and place	Add action	Add when	Add feeling	Add position, relation,	Add clothing/ accessories	Review all 10 categories from memory	Review all 10 categories from memory
Arrows (55) ENGLISH	Say number, color, letter	Say number, color, letter	number, color, animal, direction, president,letter	number, color, animal, direction, president,letter	number, color, animal, direction, president,letter	number, color, animal, direction, president,letter	number, color, animal, direction, president,letter	number, color, animal, direction, president,letter	number, color, animal, direction, president,letter
Blink ENGLISH	Recall 1-8 Add 9	Recall 1-9	Recall 1-9 Sort 3 rows	Recall 1-9 add 10	Recall 10 Sort 3 rows	Recall 1-10	Recall 1-10 add 11	Recall 1-11 Game	Recall 1-11 add 12
Spot IT / Make a List ENGLISH	9 cards- 3 matches	9 cards- 3 matches	9 cards- 3 matches	12 cards 4 matches	12 cards 4 matches	12 cards 4 matches	12 cards 4 matches	12 cards 4 matches	12 cards 4 matches

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Brown 4- 6 n back

Code	Number Hunt 1-5	Colored Arrows	Number Hunt 1-9	Letter Hunt
1 circle, green, a, bear, Washington 2, X, blue, e, fish, Adams 3, box, red, i, snake, Jefferson 4, underline, yellow, o, elephant, Madison 5, line above, black, u, turtle, Monroe 6, slash, orange, horse, JQ Adams 7, (7 brown, camel, Jackson 8. (8)white, spider, VanBuren 9, - middle, purple, pig, Harrison	Number, color, animal, letter, president (1-5 or continue presidents regardless of number	Number, color, direction, animal, president, letter Continue presidents and animals regardless of number but continue the sequence	Number, color, animal, president, letters (A-I) 1-A 2-B 3- C 4-D 5-E 6-F 7-G 8-H 9-I	Letter, sound, number, color, animal, president
Exercise Use dry erase marker for symbols of letters, animals, numbers. Use cubes for colors and direction.				
Stroop Animals	Bear- turtle	Bear- turtle	Bear- camel	Bear- turtle
Number Hunt 1-5	Number symbol & colored cube	Number symbol & colored cube	Number symbol & colored cube	Number symbol & colored cube
Number Hunt 1-9			Numbers, symbol, colored cubes	
Letter Hunt	Vowels symbols & colored cubes	Vowels symbols & colored cubes		
Tic Tac Toe			1-A green Washington, 2-B blue Adams ,3-C red, Jefferson ,4-D yellow, Madison, 5- E black Monroe, 6-F orange QuincyAdams, 7-G brown, Jackson, 8-H white VanBuren, 9- I purple, Harrison	

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Reflex Exercises Starfish & Finger									
Tic Tac Toe (37) MATH									
Numbers 1-5 (64 & 66) MATH									
Number 1-9 (71) MATH									
Deck of Cards MATH									
Stroop Animal (43) SCIENCE									
SET SCIENCE									
Presidents (89) 3 rd -12 th HISTORY									
President Tic Tac Toe (37) HISTORY									
Vowels (68) READING									
ABC Tic Tac Toe (37) READING									
Let's Match/Memory READING									
B,d,p,q,m,w (55) READING									
Stare/ Picture Cards (89) ENGLISH									
Arrows (55) ENGLISH									
Blink ENGLISH									
Spot IT ENGLISH									

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