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Academic Success Center of Kentucky Newsletter

***Building Better Minds
Serving Central Kentucky***

**August
2012**

Cognitive Development Workshop

What Happened at School?

What Would I Have Seen You Do?

"What Happened at School?"

One Mother's Story



Carol and Kyle Brown, founders of
the Academic Success Center of
Kentucky

Cognitive Development Training

Academic Success Workbook

Educational professionals and parents are finding that more tutoring is not the solution for most students. Carol will describe a curriculum that uses cognitive development exercises to make

I always ask the kids about their day at school, and I try to ask specific questions like "Who did you sit by at lunch?" "What did you play on the playground?" "What did you do for specials today?" I do so hoping to spark their thinking and maybe to get them to expound. They almost never do. It's one or two syllable answers.

So I tried the experiment on my oldest: "Wynn, if I had been in your class, what would I have seen you do today?" He repeated the question back to me, "What would you have seen me do? Let's see, what would you have seen me do . . ." And then followed an in-depth, detailed account of his entire day. Sample: "Well for recess I played kickball and Mrs. Jones pulled me out of the kickball line. She asked me if I grew up here because there are a lot of kids in our class from different countries. When I went to get back in line they wouldn't let me in. They said I got out of line and had to go to the back even though the kid that told me that had gotten out of line before to walk across the field . . ." It went on like that for an entire HOUR. Non stop. I didn't even get to ask

development exercises to make learning and academic success possible.

Carol will discuss sequentially:

- neurodevelopment
- sensory development
- cognitive development
- study skills
- instructional methods

Course Objectives

1. Understand how mind and body health effect brain development.
2. Learn six primitive reflexes, the symptoms associated with each, how to test, and how to integrate.
3. Use screening tools and exercises for visual processing, auditory processing, and the vestibular system.
4. Complete the learning screening and using the cognitive skill assessment.
5. Interpret the assessments and creating and implementing a plan.
6. Learn cognitive training exercises in processing, memory, attention, logic and reasoning.
7. Learn classroom connection guidelines for math, spelling, vocabulary, reading, history, comprehension, and writing.
8. Learn Study Skills for a life-time.
9. Learn classroom instructional methods to use with all students.

Academic Success Center Workbook

Cognitive Development Curriculum for Teachers and Interventionists

A day by day curriculum designed for cognitive development including

his brothers that question. They told me a little about their days, but we ran out of time for me to ask them THAT question!

I haven't yet told my husband about the "I can see you" trick. Want to see how much I can get him to do before he knows what I'm doing . . . Thank you for sharing! I was amazed how just rephrasing the question opened up so much information.

"What Would I Have Seen You Do?"

I think we can all relate to the story above whether we are trying to learn information or give directions.

If you were sitting in a brain training session, you would hear the trainer use language to trigger the visual system to create images. The ability to imagine is crucial for learning and expressing our ideas in detail.

I encourage you to try this "experiment" at home with your children and your spouse. Using phrases such as "What would I have seen you do in science?" "What does that look like?" "Help me get a picture of that in my mind." You can even ask additional questions that add descriptions. One warning however, as with the story above, you may need to be ready to listen for an hour!

You can also apply this to any situation whether school, soccer game, movie, party....the list is endless. "Who would I have seen there?" "How did you feel?" "What were they wearing?"

You can also use this technique when giving directions to your children. Simply say, "I see you brushing your

working memory, visual processing, attention, processing speed, logic, comprehension, and more. 25 exercises with increasingly difficult levels to increase abilities. Classroom connection activities, instructional methods, and study skills included. Designed for use in the regular or special education classroom, clinic or home environment.

teeth, then I see you putting your pajamas on, then I see you getting a book to read." "What do you see yourself doing?"

If you are a classroom teacher or homeschool mom, apply this to the classroom when giving directions.

"I see you all trying this today!"

Contact Carol to schedule a workshop for your school or group.

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[Visit our website!](#)

www.academicsuccesscenterky.com

We are excited to announce the addition of Erin Kilby to our staff.

Full evaluation: neurodevelopmental screening, cognitive screening, and personal brain training plan. \$100

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