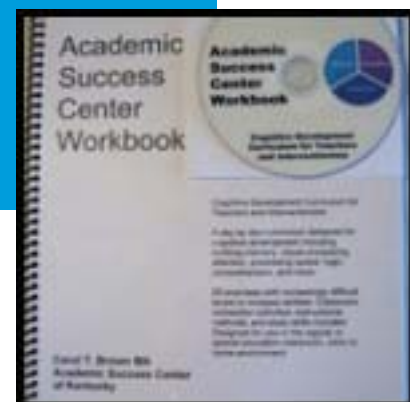


# IMPROVING WORKING MEMORY

Saturday, November 23, 2013  
9:00-4:00

The Kings Chapel  
12925 Braddock Road  
Clifton, VA 20124

Working memory is a stronger predictor of personal and academic success than IQ. But what is working memory? You are using it right now as you read this session description and remember the information. Working memory is our ability to comprehend, listen and take notes, read, spell, remember a sequence of events or steps in a math problem. A young student may read a word and forget it a few lines later; an older student may be following the lecture until he is distracted by another student's question and forgets what he has just heard. In this workshop participants will learn exercises to increase students' working memory using the Academic Success Center Cognitive Development Workbook.



## Course Objectives

1. Learn how mind and body health affect working memory.
2. Learn six primitive reflexes, the symptoms associated with each, how to test, and how to integrate.
3. Learn cognitive training exercises in the areas of processing, memory, attention, logic and reasoning.
4. Learn the benefits of sound therapy, vision therapy, and vestibular therapy to improve auditory and visual processing.
5. Learn classroom connection guidelines for math, spelling, vocabulary, reading, history, comprehension, and writing.
6. Learn classroom instructional methods to use with all students.

## What is the Cognitive Development Curriculum?

A day by day curriculum designed for cognitive development of working memory, visual processing, attention, processing speed, logic, comprehension, and other necessary skills for successful learning. Classroom connection activities, instructional methods, and study skills included. The DVD shows 2 1/2 hours of the different cognitive exercises in correct practice. Designed for use in the regular or special education classroom, clinic or home environment.

## How does the Cognitive Development Curriculum Work?

When using the program for 1:1, it is recommended for 5 x a week. When working with the program in the classroom, you are given sample planning tools and schedules for recommended integration and usage within the typical school day.

## Who Will Benefit From the Cognitive Development Curriculum work?

We use the program with a variety of individuals from all ages of very young to seniors with great success. The program is designed to help any individual wanting to strengthen their ability to learn. This includes the typical developing student, gifted & talented, elderly (seniors), LD, SLD, ADHD, TBI, Down Syndrome and many more.

"What makes this program different from others is that Carol has the research and the data to backup its effectiveness. The research on the association between working memory and academic achievement makes this program an ideal choice for sharpening a student's academic skill. As a father, uncle, teacher, and educational researcher, I would recommend this program to any parent seeking to build the learning capacity of their young ones brain."

John Almarode, Ph.D

Assistant Professor, Department of Early Elementary and Reading Education

James Madison University



*Carol has over 30 years of experience as a principal, teacher, social worker, educational and cognitive therapist, reading and learning specialist, speaker, consultant, and mother.*

*She received her M.A. in Social Services and B.A. in Rehabilitation Counseling. She is a certified school counselor, teacher, principal, special education specialist, and licensed as an FIE Mediator by the Feuerstein Institute: International Institute for the Enhancement of Learning Potential.*

REGISTER ON OUR WEBSITE

[www.academicsuccesscenterky.com](http://www.academicsuccesscenterky.com)

Cost:\$249

Includes:

- :: Workshop
- :: Cognitive Development Workbook
- :: 2.5 hours training DVD

or

\$100 Workshop Only

