Efficient Cognitive Functions

Input Level

- 1. Focus and Perceive (The more data that goes in via our senses, the more info we use.)
- 2. Systematically search (Systematically approach new objects or information.)
- 3. Use labels (Without a name for something, we can't think about it.)
- 4. Know where you are in space (Right, left, front, and back are critical concepts.)
- 5. Be aware of time (How much, how old, how often, sequence of events.)
- 6. Conserve constancies (Decide what characteristics stay the same even when changes happen. What attributes must remain the same for an object to retain its identity?)
- 7. Collect precise and accurate data (The right information to get the right answer.)
- 8. Use more than one source of information (Keeping two ideas in the mind at the same time assists in comparing and higher order thinking.)

Elaboration Level

- 1. Define the problem (What am I to do? Problem, what problem?)
- 2. Search for relevant cues (What is relevant to the problem?)
- 3. Spontaneous need to compare (Seeking similarities and differences.)
- 4. Recall and use several pieces of information (Using info for long term-memory.)
- 5. Understand reality (Understand cause and effect relationships.)
- 6. Use logical evidence (Does this make sense?)
- 7. Abstract thinking (Moving away from the concrete; visualizing.)
- 8. Use hypothetical thinking / "iffy" thinking (If this is true, then what else must be true?)
- 9. Test the hypothesis (How can I see if this is true?)
- 10. Develop problem-solving strategies (Creating frameworks for solutions.)
- 11. Make a plan; think forward (State the steps and reasons.)
- 12. Form categories (Understanding relationships to categorize objects; applying conceptual labels: red, blue, green = colors.)
- 13. Summing up: see the BIG picture (What is the main idea? How many things are there?)

Output Level

- 1. Consider another person's point of view (The mind version of experiencing orientation in space physically "Gee, it's different when I am in your position!")
- 2. Project virtual relationships (I can see things that aren't there: four dots can be a square; two women can be cousins.)
- 3. Stick to it perseverance! (Don't ever, ever, ever give up! Overcome blocking.)
- 4. Just a moment... Let me think! (Avoiding trial-and-error responses.)
- 5. Give a thought response (Can I communicate clearly with just the right vocabulary?)
- 6. Use precision and accuracy (Do it right, take your time, say it or complete it accurately.)
- 7. Visual transporting (Copy accurately from the board or source.)
- 8. Show self-control (I think before I speak or act; controlling impulsivity

Building Critical Thinking Skills by Building Cognitive Functions

Aristotle & Socratic Questions for Mediated Learning

Ask these questions when beginning a lesson and addressing a problem. These support the Cognitive Functions of Reuven Feuerstein and are the foundation of Equipping Minds.

Collecting	Processing	Expressing
What or who do you see, hear,	What am I to do?	What does the other person
feel, taste, touch, and smell?		believe and why?
	Problem, what problem?	
What can you visualize or		How does the other person feel?
imagine in your mind?	What do you need to figure out?	
		Can you imagine how you would
What is the name of what you	What is relevant to the problem?	feel in their position?
see or are thinking?		
5	What is needed, and what can be	How would the other person
	ignored/omitted?	want to be viewed and treated?
Where are you starting?	What is similar?	Have you thought through what
		you want to say or write?
Do you have the correct	What characteristics are	,,,
information and materials?	different?	Are your words relevant to the
		situation?
What parts do you need, and	Consider: number, color, shape,	
what order will you need to	size, direction, position, feeling	Is your language clear to the
follow to make the finished		audience?
product?		
What do you know to be true,	What different categories do you	Do you need to take a break and
or what is constant and does	see?	attempt later or tomorrow?
not change?		
What is to your right?	How are these related to each	Perseverance! "Continuous
What is to your right.	other?	effort—not strength or
What is to my right?		intelligence—is the key to
	Ask: What is your plan? What are	unlocking our potential."
If you are facing in this	the steps you will follow and the	—Winston Churchill
direction, what is to your right?	reasons?	"You will never do anything in
Left? Front? Back?		this world without courage. It is
East? West? North? South?	Avoid trial and error! Have a	the greatest quality of the mind
Northwest? Southeast?	plan.	next to honor."—Aristotle
When do you see this	Does this make sense?	"If we all did the things we were
happening – past, present,		capable of doing, we would
future?	If this is true, then what also	literally astound ourselves."
	If this is true, then what else must be true?	-
How long did the event accur?		— <u>Thomas A. Edison</u>
How long did the event occur?	Are there different nessibilities?	"Many of life's failures are people
In what order did it has say?	Are there different possibilities?	who did not realize how close
In what order did it happen?		they were to success when they
	How can you see if this is true?	gave up." Thomas A. Edison

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