**Equipping Minds**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Evaluation:\_\_\_\_\_\_\_\_\_\_\_\_\_Age:\_\_\_\_\_\_\_\_\_ Grade:\_\_\_\_\_\_\_\_\_\_

**NeuroDevelopmental Screnning**: Primitive Reflexes Fear Paralsysis\_\_\_\_\_Moro \_\_\_\_\_\_TLR\_\_\_\_\_\_\_Spinal Galant\_\_\_\_\_\_ ATNR\_\_\_\_\_\_\_STNR\_\_\_\_\_\_\_Palmer\_\_\_\_\_\_\_ Maintaining Brains Everyday DVD should be done daily for 6-8 weeks. Order from [www.equippingminds.com](http://www.equippingminds.com) $35 or download for $20 [www.pyramidofpotential.com](http://www.pyramidofpotential.com) Watch [www.brainhighways.com](http://www.brainhighways.com) to understand more about the primitive reflexes. Do the finger exercises daily.

**Visual Processing:** tracking\_\_ convergence\_\_ peripheral\_\_ Dominant Eye R\_\_ L\_\_ Sign up for Eye Q Advantage to strengthen visual processing [www.eyeqadvantage.com](http://www.eyeqadvantage.com) The reading comprehension exercises will be helpful. Read silently and also aloud. Ask the questions from Aristotle’s Ten Categories of Being. This should be done 4-5 times a week. [www.eyecanlearn.com](http://www.eyecanlearn.com) is a free site with vision exercises to use as well.

**Auditory Processing:** Dominant Ear R\_\_ L\_\_ Sensitivity to sounds\_\_\_ difficulty leaning phonics\_\_\_ Order Sound Therapy from Equipping Minds. The young child is $399, older child $499, adult $637 or family package for $1299 ( younger, older, & adult)

**Vestibular Therapy:** Balance R\_\_\_L\_\_\_Closed R\_\_\_Closed L\_\_\_ Recommend starting the meclizine. Begin with 6 mg (½) of a 12.5 mg mecilzine in the morning and another 6mg of a 12.5 tablet in the afternoon 3-4:00pm. Gradually increase to 12.5 in 2 days in the morning and afternoon to 18 mg tablet to 25 mg to 37 mg to 50 mg. Use the white tablets if there are reactions to red dye. **Stop if there are any adverse reactions**. Consult doctor or pharmacist if you are on other medications. **You can use ginger as a natural supplement.** [www.dyslexiaonline.com](http://www.dyslexiaonline.com) Contact Carol [cbrown@equippingminds.com](mailto:cbrown@equippingminds.com) with any questions.

**Cognitive Exercises:** Processing Speed(Blink) \_\_\_\_\_\_\_\_ Working Memory (Number/Color/Shape/Stroop Animals)\_\_\_\_\_\_\_ Long Term Memory (Animals in 1 min)\_\_\_\_\_\_\_Comprehension (story)\_\_\_\_\_\_\_ Reading Fluency\_\_\_\_ Spatial Reasoning ( Tangrams/Color Code/Dots)\_\_\_\_\_Visual Processing (Spot it)\_\_\_\_ Auditory Processing (sounds, directions)\_\_\_\_\_ Visual Memory (Spot it)\_\_\_\_\_ Auditory Memory (Spot it and digit/letter recall)\_\_\_\_\_\_\_ Visualization of pictures\_\_\_\_ letters \_\_\_\_ numbers\_\_\_\_