

EQUIPPING MINDS LESSON PLANS

WEEK: _____ **CLASS:** _____

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PROCESSING SPEED					
Blink					
Deck of Cards					
SET					
Watch					
Directions					
Animal Set					
Arrows					
WORKING MEMORY					
Blink					
Stroop Animals					
ALL Stroop Exercises: Sets 1 and 2.					
Arrows					
Vowel Hunt					
Number Hunt 1-5					
Number Hunt 1-9					
Use b,d,p,q and other direction exercises.					
VISUAL/AUDITORY MEMORY & PROCESSING					
Let's Match					
Xtreme Memory					
Xtreme Tic Tac Toe					

Visual and Auditory Recall					
Stare Cards: Ten Categories					
Presidents					
States & Capitols					
Picture It and Let's Draw					
Color Code					
Tangrams					
Use any list & build on it daily. Do not progress without mastery, and don't add too met too fast. "Say 2-4-7. / 2-4-7-3; 5-1-6-9, / 5-1-6-9-2					
LONG-TERM MEMORY					
Play Make a List and do the finger exercises.					
Recall stories you have heard and pictures you have seen over a 3-month period.					
Review the Presidents.					
Categorize the items in Make a List.					
Recall animals/objects on Spot it cards.					
MORE RESOURCES					
LOGIC & REASONING					
Extreme Tic Tac Toe					
SET/Perplexors					
Tangrams/Color Code					
Visual thinking Cards					
Break the Code					
READING COMPREHENSION					
Follow the "Ten Categories of being" for visualization.					
Stare Cards					
Short story: Aesop fables for Children					
PRIMITIVE REFLEXES					

Do the entire Maintaining Brains DVD daily until symptoms decrease. This may take 30-90 days.

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